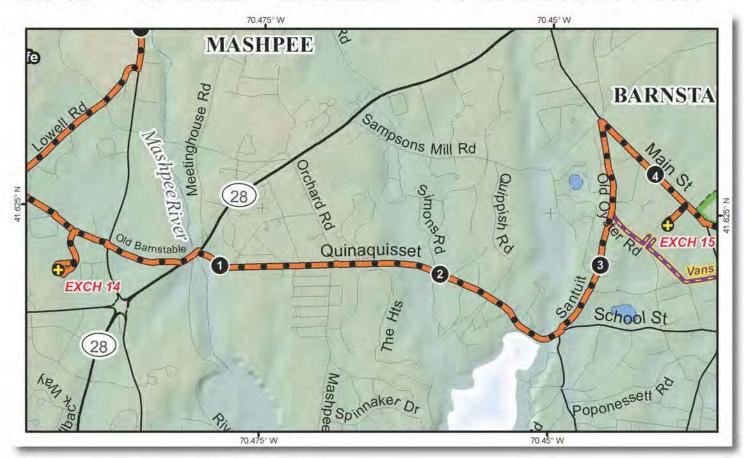
LEG 15 -- 4.3 MILES -- MODERATE -- FULL VAN SUPPORT



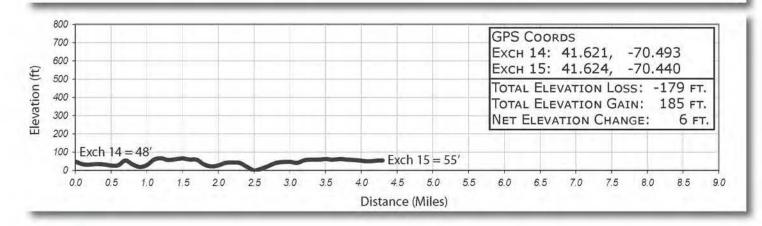
LEG 15 - 4.3 MILES - MODERATE

Waldorf school 14 Old Oyster Road Cotuit, MA 02635 41°37'27.48"N 70°26'23.40"W

Please respect residents. Minimize noise in neighborhoods. No cheering or honking during night time hours.

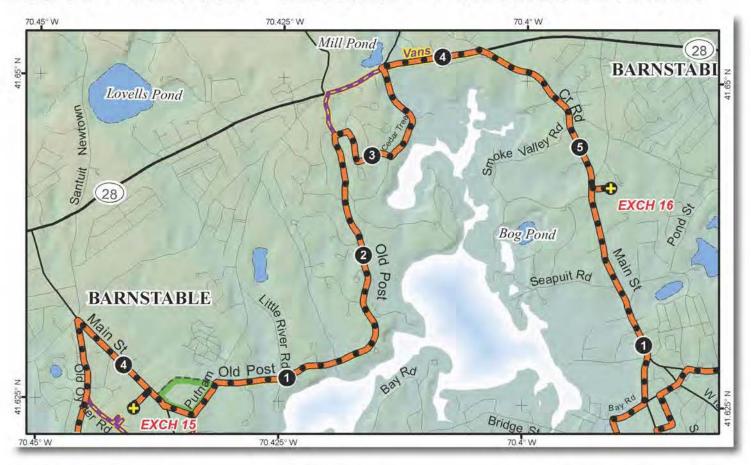
LEG LEGEND:

0.0 Depart exchange RIGHT onto North on Great Hay Road 0.3 RIGHT onto Old Barnstable Road 8.0 LEFT onto Falmouth Rd RIGHT onto Quinaquisset Ave 0.9 2.6 LEFT onto Santuit 3.75 RIGHT onto Lowell St 4.2 LEFT into exchange 4.3 Arrive at exchange





LEG 16 -- 5.3 MILES -- MODERATE -- FULL VAN SUPPORT



LEG 16 5.3 MILES MODERATE		Yogurt granola		Cedar Tree Neck Road becomes Prince
		Chicken Rice soup	3.6	RIGHT onto Falmouth Rd/28
Cape Cod Academy		Turkey wraps	4.2	RIGHT onto Main St
50 Osterville-West Barnstable Road	Hummus wraps		5.2	LEFT into exchange 16
Osterville, MA 02655		Juice and water		
41°38'30.74"N 70°23'28.15"W			VAN ROUTE:	
6:45 PM-4:30 AM	LEG LEGEND:		0.0	Exit exchange 14 South and take a LEFT
	0.0	Depart exchange and take a RIGHT		onto Old Oyster Rd
Please enter/exit the school via Old Oyster Road.		onto Main St	0.25	LEFT onto Coolidge St
Runners only will enter via Main Street. Please be	0.25	LEFT onto Lowell	0.4	LEFFT
courteous and respect neighborhood residents and be	0.4	LEFT onto Putnam	0.5	RIGHT onto Putnam
Extra quiet after 10PM.	0.6	RIGHT onto Old Post Road	0.6	RIGHT onto Lowell Ave
	2.65	RIGHT onto Rigging Way	0.9	RIGHT onto Old Post Road
This exchange will have the following Food available	2.7	RIGHT onto Winding Cove Rd	3.2	RIGHT onto Falmouth Rd
for donation/purchase:	2.9	LEFT onto Little Neck Way	4.0	LEFT onto Main St
Chocolate chunk cookies	3.1	LEFT onto Cedar Tree Neck Rd	4.3	Arrive at exchange

