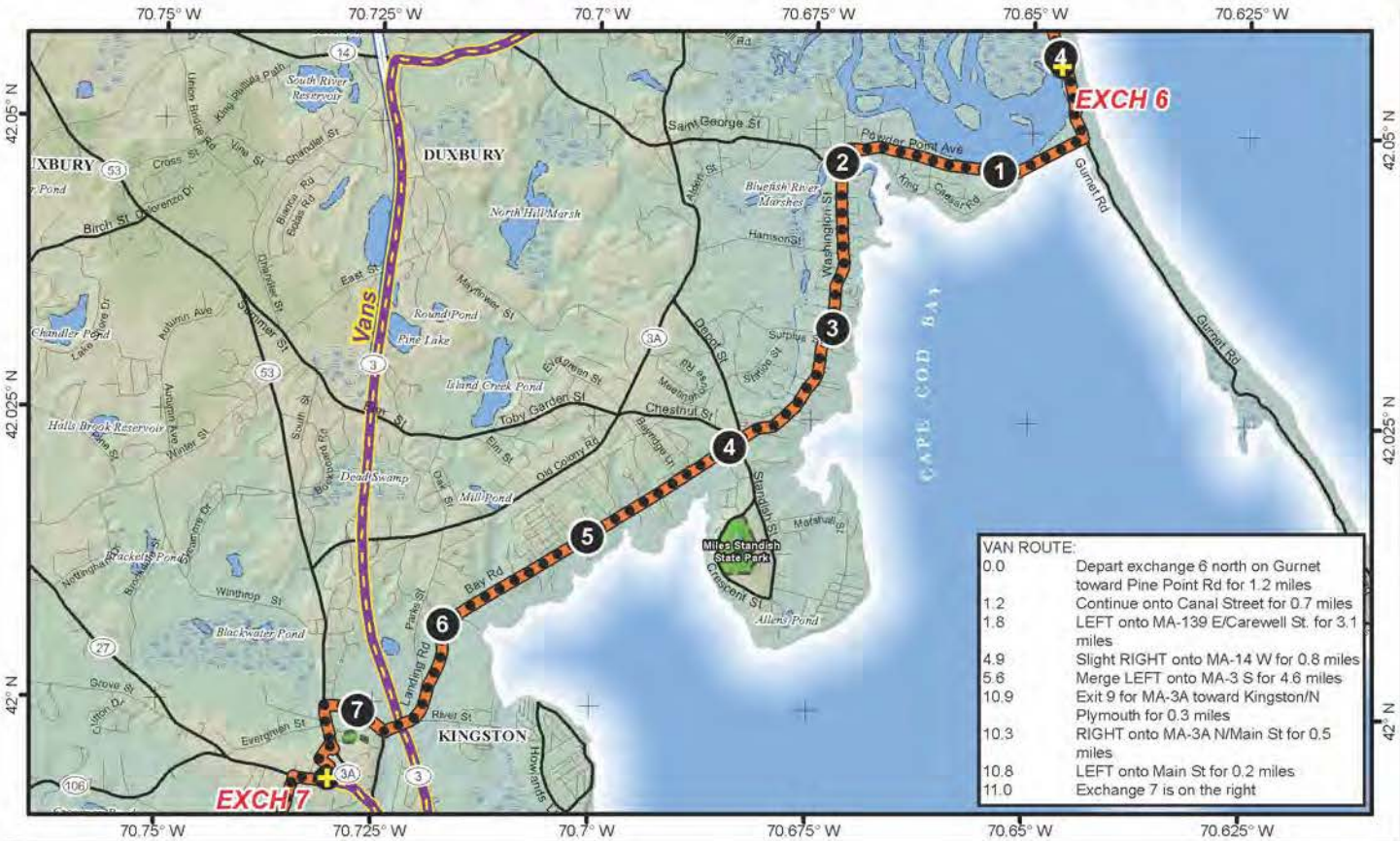


LEG 7 -- 7.8 MILES -- VERY HARD -- NO VAN SUPPORT



LEG 7 -- 7.8 MILES -- VERY HARD

Mayflower Church
207 Main Street
Kingston, MA 02364
41°59'36.35"N, 70°43'48.03"W

11 AM- 9:30 PM

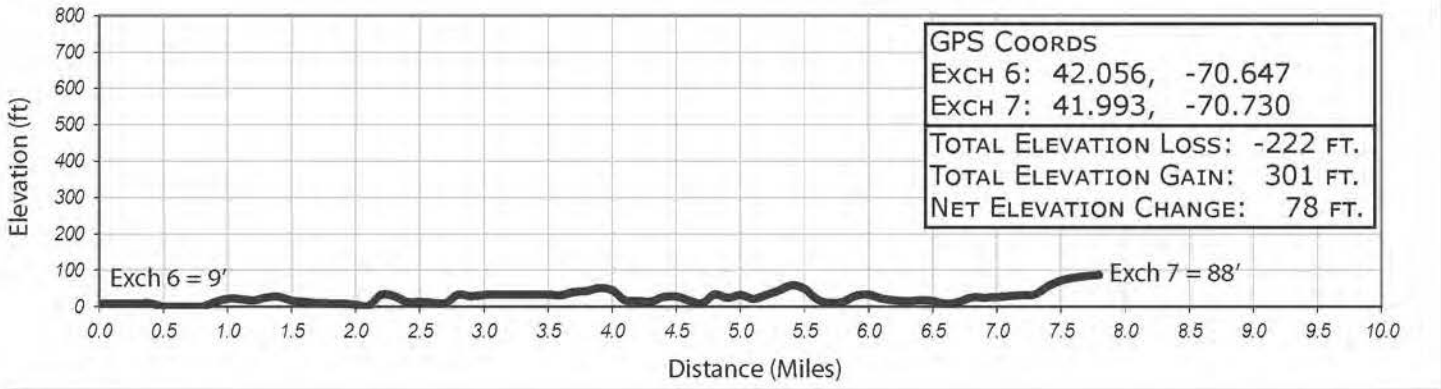
Vans are not allowed on Powder Point bridge!

SMILE MA- one of our charity groups, will have chicken salad and pasta salad along with other items available for a donation!

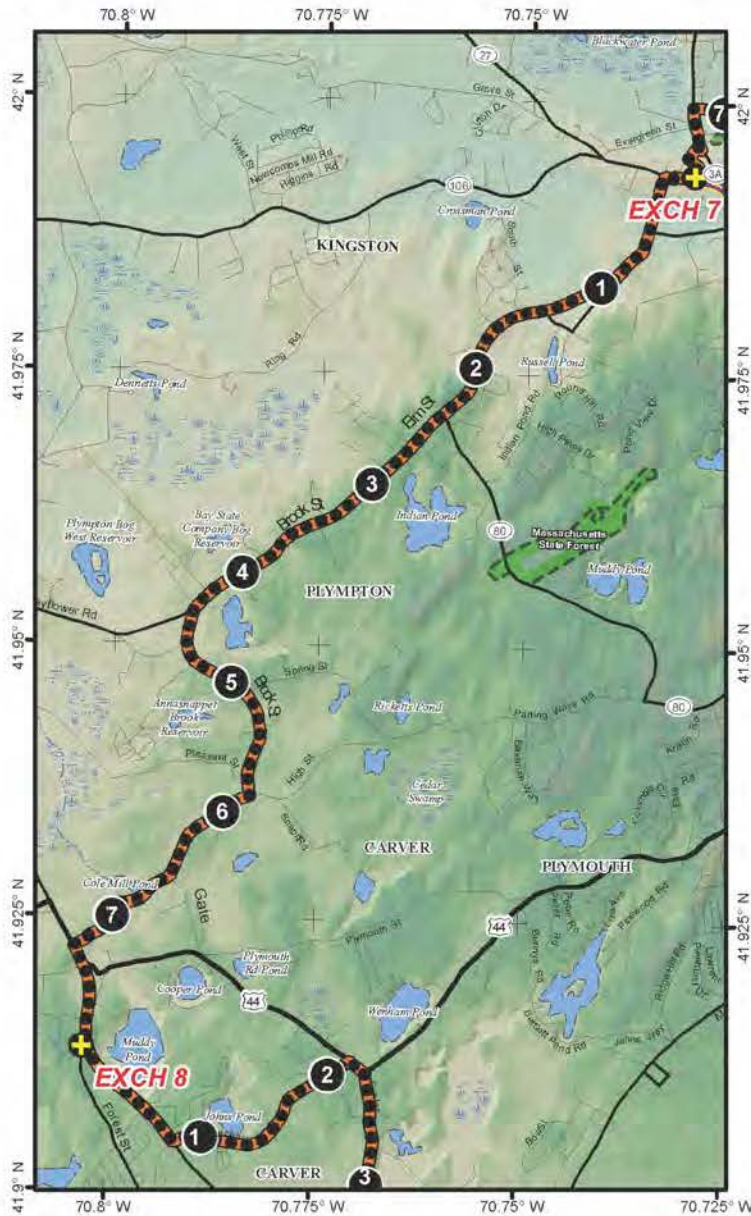
LEG LEGEND:

- 0.0 Depart Exchange 6 heading south on Gurnet Road
- 0.5 RIGHT (W) to cross Powder Point Bridge
- 0.8 RIGHT (W) to stay on Powder Point Avenue
- 1.9 LEFT (S) onto Washington Street. Road becomes Bay Road.
- 6.0 LEFT (S) onto Bay Street which becomes Landing Street
- 6.8 RIGHT (NW) onto Maple Street
- 7.2 LEFT (S) onto Summer Street/3A
- 7.5 RIGHT onto Green St (use cross walk just past Green to cross 3A and run back to Green. A Police detail will be there to

- help).
- 7.6 LEFT onto Cross Street
- 7.7 RIGHT onto Center
- 7.8 LEFT into the church exchange. Police detail to assist.



LEG 8 -- 7.9 MILES -- VERY HARD -- FULL VAN SUPPORT



LEG 8 -- 7.9 MILES -- VERY HARD

58 North Main Street, Carver MA 02366
41°55'15.45"N, 70°47'15.95"W

12:30 PM -11 PM

Please run with caution. Support vehicles please obey all traffic laws and be cautious supporting your runner along this leg.

LEG LEGEND:

- 0.0 Depart exchange 7 RIGHT on Main
- 850 ft LEFT at Elm, running with traffic. Cross the road when the sidewalk ends and continue on Elm against traffic
- 0.8 RIGHT on Elm/Hwy 80 5at fork.
- 2.8 Elm Becomes Brook
- 5.0 Keep RIGHT on Brook Street
- 5.8 RIGHT on High St
- 7.3 LEFT onto Main
- 7.9 Arrive at exchange 8

VAN ROUTE:

(Follow Runner Directions)

- 0.0 Depart exchange 7 RIGHT on Main
- 850 ft LEFT at Elm, running with traffic. Cross the road when the sidewalk ends and continue on Elm against traffic
- 0.8 RIGHT on Elm/Hwy 80 5at fork.
- 2.8 Elm Becomes Brook
- 5.0 Keep RIGHT on Brook Street
- 5.8 RIGHT on High St
- 7.3 LEFT onto Main
- 7.9 Arrive at exchange 8

