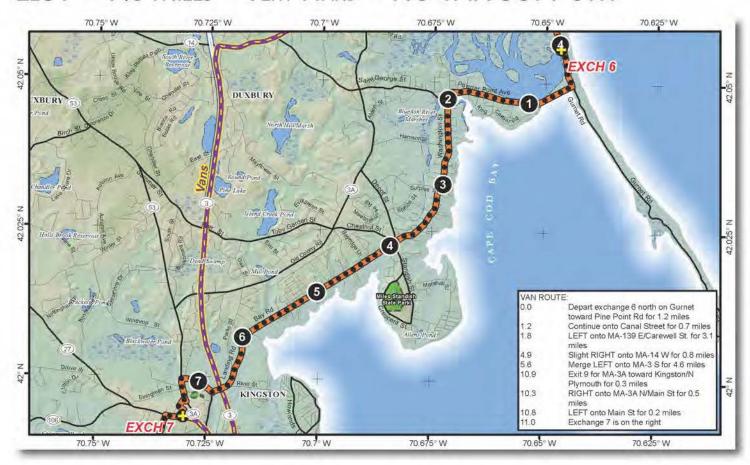
LEG 7 -- 7.8 MILES -- VERY HARD -- NO VAN SUPPORT



LEG 7	7.8	MILES	VERY	HARD

Mayflower Church 207 Main Street Kingston, MA 02364 41°59'36.35"N, 70°43'48.03"W

11 AM- 9:30 PM

Vans are not allowed on Powder Point bridge!

SMILE MA- one of our charity groups, will have chicken salad and pasta salad along with other items available for a donation!

LEG LEGEND: 0.0 Depart Exchange 6 heading south on

Gurnet Road 0.5 RIGHT (W) to cross Powder Point Bridge 0.8 RIGHT (W) to stay on Powder Point Avenue 1.9 LEFT (S) onto Washington Street. Road becomes Bay Road. 6.0 LEFT (S) onto Bay Street which becomes Landing Street RIGHT (NW) onto Maple Street 6.8 LEFT (S) onto Summer Street/3A 7.2 7.5 RIGHT onto Green St (use cross walk just past Green to cross 3A and run back

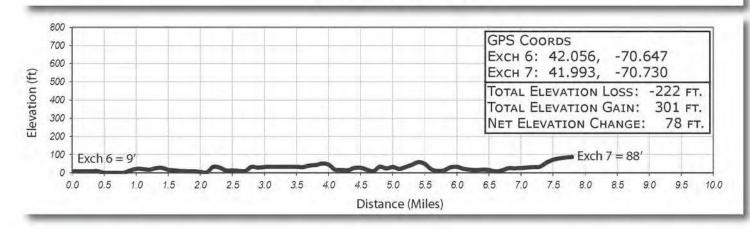
to Green. A Police detail will be there to

help).

7.8

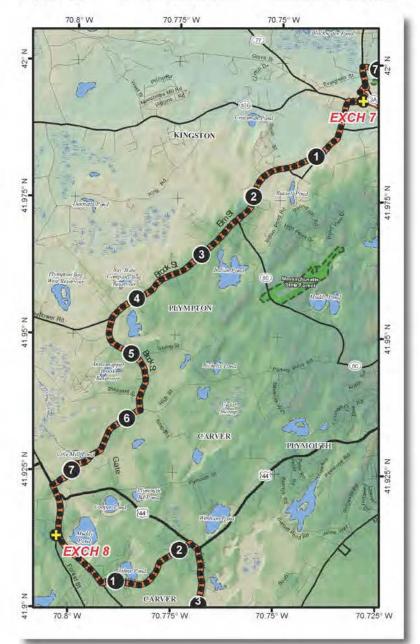
7.6 LEFT onto Cross Street 7.7 RIGHT onto Center

LEFT into the church exchange. Police detail to assist.





LEG 8 -- 7.9 MILES -- VERY HARD -- FULL VAN SUPPORT



LEG 8 -- 7.9 MILES -- VERY HARD

58 North Main Street, Carver MA 02366 41°55'15.45"N, 70°47'15.95"W

12:30 PM -11 PM

Please run with caution. Support vehicles please obey all traffic laws and be cautious supporting your runner along this leg.

LEG LEGEND:

0.0 Depart exchange 7 RIGHT on Main
850 ft LEFT at Elm, running with traffic. Cross the road when the sidewalk ends and continue on Elm against traffic

0.8 RIGHT on Elm/Hwy 80 5at fork.

2.8 Elm Becomes Brook

5.0 Keep RIGHT on Brook Street

5.8 RIGHT on High St7.3 LEFT onto Main7.9 Arrive at exchange 8

VAN ROUTE:

(Follow Runner Directions)

0.0 Depart exchange 7 RIGHT on Main

850 ft LEFT at Elm, running with traffic. Cross the road when the sidewalk ends and continue on

Elm against traffic

0.8 RIGHT on Elm/Hwy 80 5at fork.

2.8 Elm Becomes Brook

5.0 Keep RIGHT on Brook Street

5.8 RIGHT on High St 7.3 LEFT onto Main

7.3 LEFT onto Main

7.9 Arrive at exchange 8

