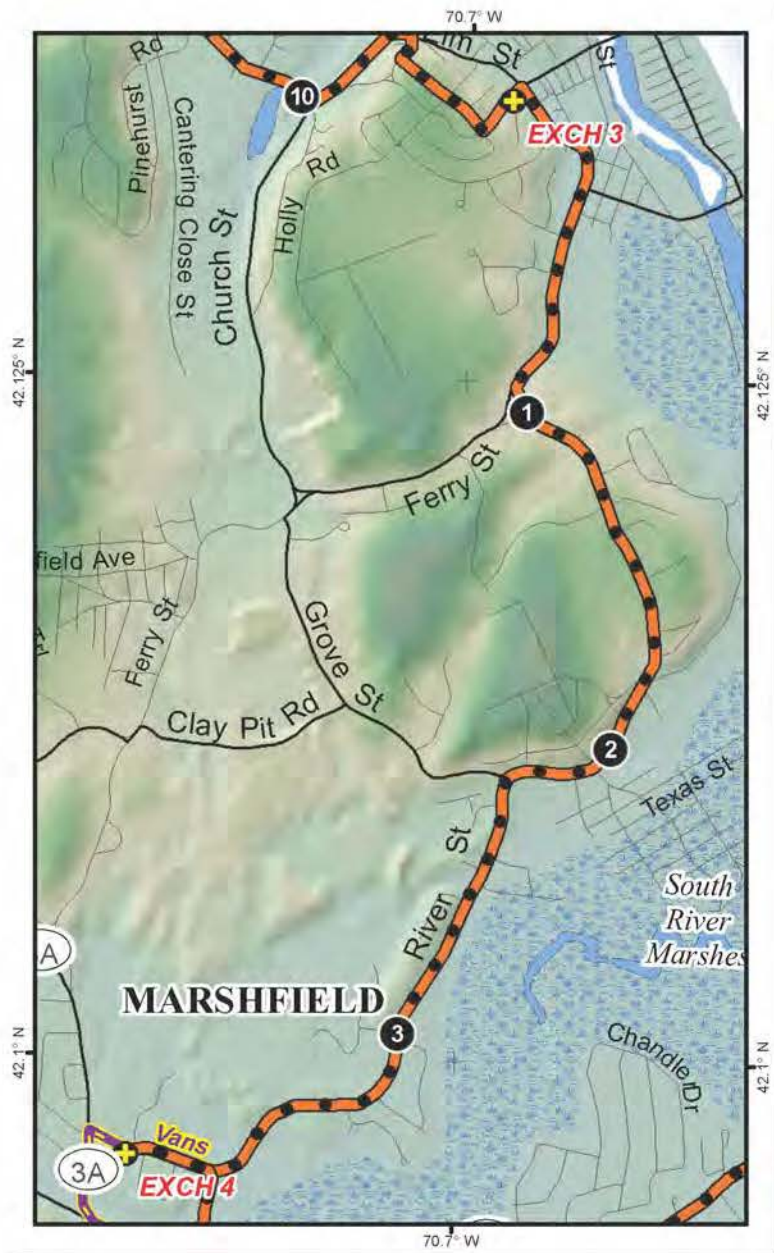


LEG 4 -- 3.9 MILES -- EASY -- FULL VAN SUPPORT



LEG 4 -- 3.9 MILES -- EASY

Firestation Field 50 S River St
 Marshfield, MA 02050
 42° 5'47.43"N 70°42'59.19"W

8:15 AM- 7:15 PM

Please be courteous in the neighborhoods as you depart exchange 3.

Exchange 4 is adjacent to the fire station. Please be aware of emergency vehicles coming and going.

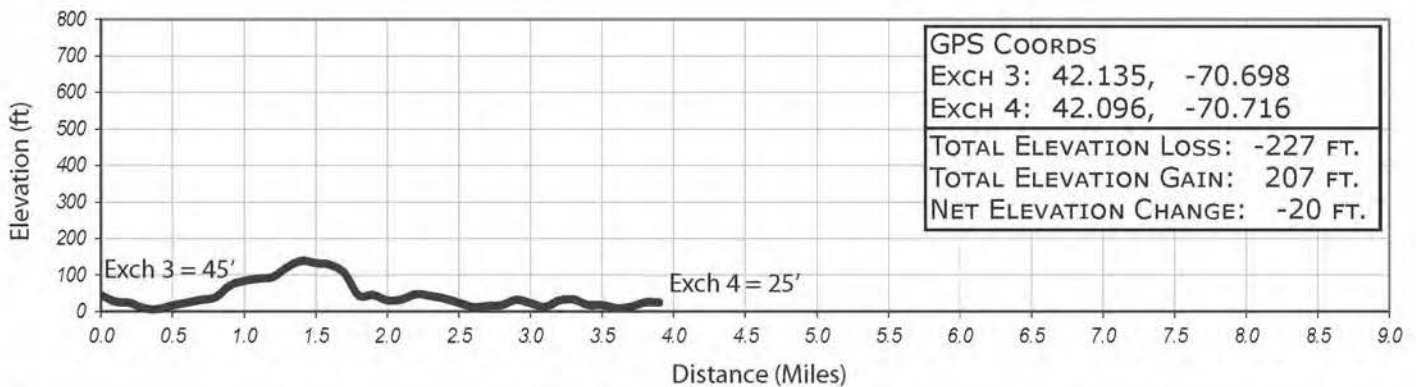
LEG LEGEND:

- 0.0 Depart Exchange 3 heading East on Dwight Rd.
- Immediate RIGHT onto Elm St.
- 0.3 RIGHT onto Ferry St. running against traffic
- 1.0 LEFT onto S River Street.
- 3.7 Continue STRAIGHT on S. River St as you pass Willow on your left.
- 3.9 Arrive at exchange 4

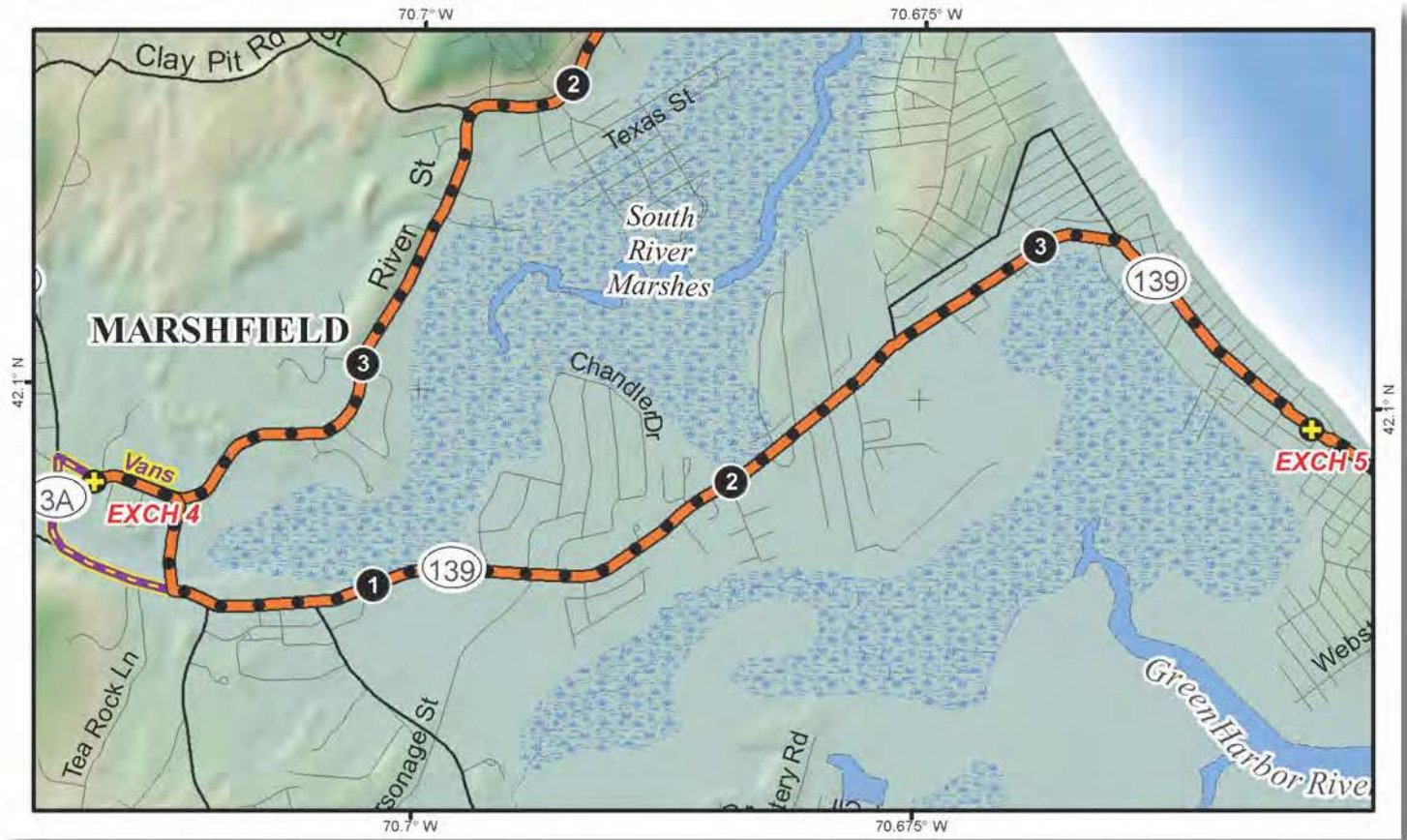
VAN ROUTE:

(Follow Runner Directions)

- 0.0 Depart Exchange 3 heading East on Dwight Rd.
- Immediate RIGHT onto Elm St.
- 0.3 RIGHT onto Ferry St. running against traffic
- 1.0 LEFT onto S River Street.
- 3.7 Continue STRAIGHT on S. River St as you pass Willow on your left.
- 3.9 Arrive at exchange 4



LEG 5 -- 3.9 MILES -- EASY -- FULL VAN SUPPORT



LEG 5 -- 3.9 MILES -- EASY

St. Ann's by the Sea
 591 Ocean St.
 Marshfield, MA 02050
 GPS: 42° 5'57.03"N 70°39'19.32"W

9:00 AM – 8:00 PM

Willow St is a 1-way and runners will be heading against traffic.

Vans take a left out of exchange 4 and take the next available left.

SMILE MA- one of our charity groups, will have chicken salad and pasta salad along with other items available for a donation!

LEG LEGEND:

- 0.0 Depart Exchange 4 taking a Right (heading East) on South River (leg 4 runners will be coming at you.)
- 0.2 RIGHT onto Willow Street (Cross over w caution to run against Traffic on Willow)
- 0.5 LEFT onto 139 (Ocean St). Follow Ocean St to exchange 5, using crosswalk just before exchange to

3.9 cross.
 Arrive at Exchange 5: St. Ann's by the Sea 591 Ocean Str. Marshfield, MA 02050

VAN ROUTE:

- 0.0 LEFT out of the exchange heading on S. River away from Willow
- 0.1 LEFT onto Main St
- 0.4 LEFT onto 139 (Ocean St)
- 0.7 You will pick up the runners shortly as they take a left off of Willow onto 139.

